Tineral's

Schedule: July 11 – July 14, 2023 Location: Oswego, New York 13126

Thursday, July 11 - Session I

5:30pm–7:30pm: Instructor Training, 3rd degree & above (2nd degree and below, check with Sensei Susan.

Friday, July 12 - Session II

9:30am-12:30pm: Concurrent Sessions

- Instructor Training, 3rd degree & above
- Special Session for Dan Grading Verification and other belts.

5:30pm-7:30pm: General Training

Saturday, July 13 - Session III

5:30am-7:30am: General Kyokushin Training

10:30am-12:30pm: Concurrent sessions:

- Kata, Weapon, Self-Defense Training
- Black Belt Promotion (3rd and above)

2:30pm-5:30pm: Conditioning, Fighting &

Black Belt Promotion (All) **7:00pm-10:00pm:**BANQUET

UEI

Sunday, July 14 - Session IV

6:00am-7:00am: Basic Training

7:00am-8:00am: Stretching & Meditation Training

8:00am-8:30am: Awards & Certificates

8:30am-9:30am: Debriefing (Instructors/Officers)

9:30am: Breakfast & DEPARTURE

Note: For those taking their black belt promotion or need more information, call: 514-506-9589

NAKO VIP Instructors

Rancho Henri-Oh,

Saiko-Shihan Bob Wright, Appalachia, N.Y.

Kaicho Charles Burger Oswęgo, N.Y.

Shihan Claude Bouchard. Montreal, Quebec

Shihan Marius Traczyk, Chicago, Illinois

Shihan Anthony Gelestine, Florida

Shihan Orhan Akyurek, Long Tsland, N.Y.

Shihan Aldo Akli, Montreal, Quebec

Sensei Cary Kazdan Hilton, NY.

LLoydMellema Hilton, N.Y.

International Instructors:

Shihan Roony Boyer Auba

Shihan René Clémençon Switzerland

Sensei Cirli Bächli Switzerland

Sensei Edward Chober Poland

Hanshi Haugh Haughton Rochester, NY

Sensei Alessandro Bartoli Montreal, Quebec

VTL International (Cont`d.)

Sensei Marcus Morier Montreal, Québec

Senpai Yanick Veroille Montreal, Québec